

Home activities...

Mummy (or Daddy) Loves You

Baby &
Pre-school
age 0-4



Active



Stimulation



Play



The basic principles of the activity & how you execute it

This activity is done to the song 'Mummy (or Daddy) loves you'. It's a wonderful bonding activity. It gives baby a lovely water massage and the gentle swaying is lovely and relaxing

One hand resting gently under the head and neck (don't squeeze), one hand under the seat, move backwards and forwards through the water, trying to get baby nice and flat and ears in the water if you can.



What you will need

A bath and lovely warm water.



Notes for parents

You don't need much water but if you have short arms or back problems you might want to fill the bath a little more so you are not struggling to lean over.



Find out more information at puddleducks.com

